

Date:

Name:  
DOB:  
Hosp No:

IES-6					
The following is a list of difficulties people sometimes have after stressful life events.					
<b>Please read each item, and then indicate how distressing each difficulty has been for you during the past 7 days with respect to stressful life events.</b>					
How much were you distressed or bothered by these difficulties?					
	Not at all	A little bit	Moderately	Quite a bit	Extremely
I thought about it when I didn't mean to	0	1	2	3	4
Other things kept making me think about it	0	1	2	3	4
I was aware that I still had a lot of feelings about it, but I didn't deal with them	0	1	2	3	4
I tried not to think about it	0	1	2	3	4
I felt watchful or on-guard	0	1	2	3	4
I had trouble concentrating	0	1	2	3	4